

# ALLERGY AWARE MEAT

## AUTUMN/WINTER 2024

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

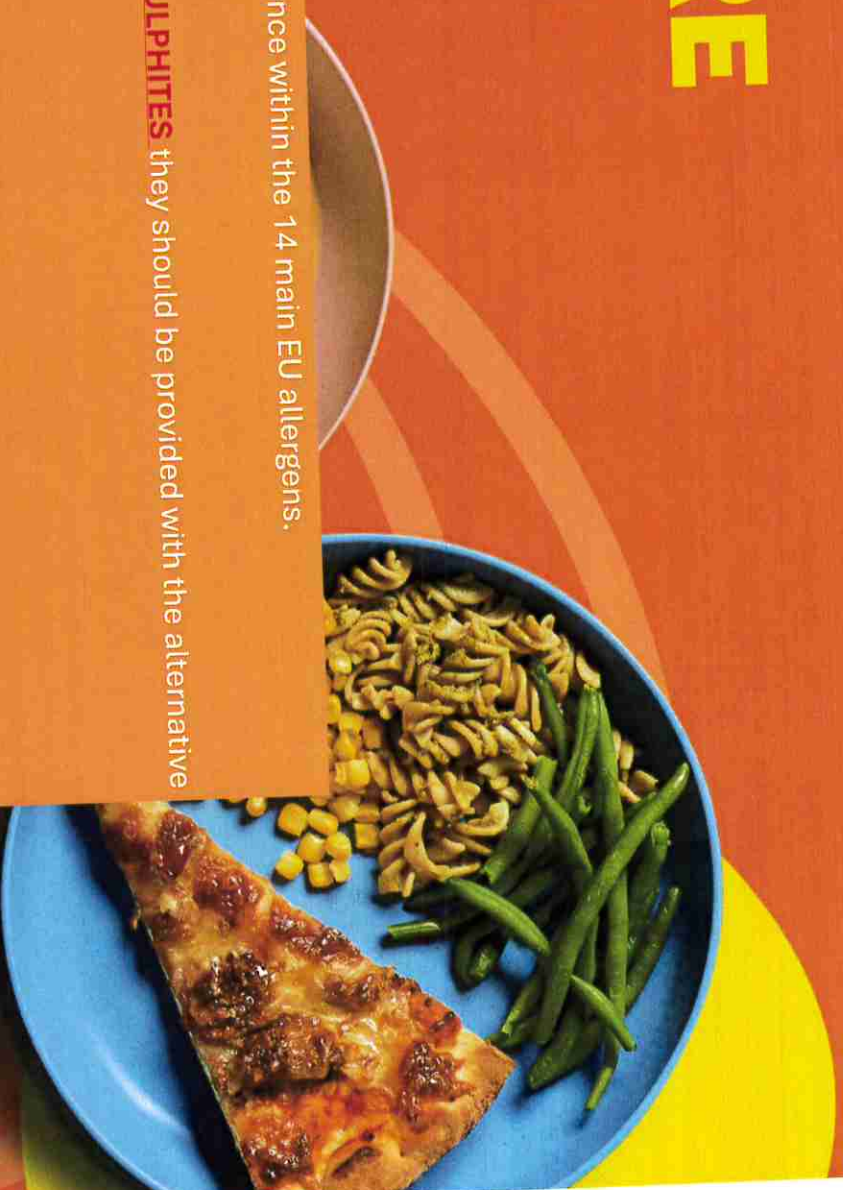
This menu contains **SOYA, FISH & SULPHITES**.

If a pupil has a food allergy or intolerance to **SOYA, FISH OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

**NOTE:** All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.



**STOP AND THINK!**  
**Have you completed the double-checking confirmation sheet?**

**ALLERGY AWARE**  
**MEAT**  
**WEEK 1**

# AUTUMN/WINTER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SD Burrito</b> 93281952	<b>SD Chicken Burger</b> 93170396/ 93208018 (H) with Potato Wedges 93156646	<b>Roast Chicken</b> 93035093/ 93173148 (H) with Roast Potatoes 93035127 and Gravy 93034775	<b>SD BBQ Chicken Pizza</b> 93315910/ 93315911 (H) with SD Pasta <b>CONTAINS SOYA</b> 93315913	<b>SD Fish Fillet</b> <b>CONTAINS FISH</b> 93166795 with Chips 93040525
Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189				
<b>SD Tomato Pasta</b> <b>CONTAINS SOYA</b> 93171286				
All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
<b>DESSERT</b> <b>SD Rice Pudding with Jam</b> <b>CONTAINS GF OATS &amp; SULPHITES</b> 93315915	<b>SD Apple Crumble</b> <b>CONTAINS GF OATS</b> 93219577 with SD Custard <b>CONTAINS GF OATS</b> 93166606	<b>Raspberry Jelly</b> 93290451	<b>SD Flapjack</b> <b>CONTAINS GF OATS</b> 93165520 with Fruit 93040542	<b>SD Chocolate Brownie</b> <b>CONTAINS SULPHITES</b> 93196787
<b>ONLY SERVE WHAT IS ON THIS MENU</b> <b>SD - SPECIAL DIET RECIPE</b>				

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)  
**NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR**

**THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL**

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**ALLERGY AWARE**  
**MEAT**  
**WEEK 2**

# AUTUMN/WINTER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SD Vegetable Supreme Pizza</b> 93165205 with <b>SD Pasta</b> <b>CONTAINS SOYA</b> 93315913	<b>Beef Bolognese</b> 93227270/ 93041772 (H) with <b>SD Pasta</b> <b>CONTAINS SOYA</b> 93163235	<b>Roast Gammon</b> 93173553 with <b>Roast Potatoes</b> 93035127 and <b>Gravy</b> 93034775	<b>Cottage Pie</b> 93227278/ 93086066 (H) with <b>Gravy</b> 93034775	<b>SD Fish Fillet</b> <b>CONTAINS FISH</b> 93166795 with <b>Chips</b> 93040525
<b>JACKET POTATO</b> Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189				
<b>PASTA</b> SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
<b>SD Orange &amp; Mango Frozen Smoothie</b> 93166797	<b>SD Apple and Cinnamon Sponge (Fortune Cake)</b> <b>CONTAINS SULPHITES</b> 93289524 with <b>SD Custard</b> <b>CONTAINS GF OATS</b> 93166606	<b>SD Flapjack</b> <b>CONTAINS GF OATS</b> 93165520 with <b>Fruit</b> 93040542	<b>SD Orange Glazed Sticky Sponge Pudding</b> <b>CONTAINS GF OATS</b> 93316120 with <b>SD Custard</b> <b>CONTAINS GF OATS</b> 93166606	<b>SD Chocolate Biscuit</b> <b>CONTAINS GF OATS</b> 93219823
<b>DESSERT</b>				

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**ALLERGY AWARE**  
**MEAT**  
**WEEK 3**

# AUTUMN/WINTER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SD Mexican Tortilla Pie</b> 93238790 with Wholegrain Rice 93035026	<b>SD Chicken Sausages</b> <b>CONTAINS SULPHITES</b> 93210873/ 93041660 (H) with SD Mashed Potato <b>CONTAINS GF OATS</b> 93194973 and Gravy 93034775	Roast Chicken 93035093/ 93173148 (H) with Roast Potatoes 93035127 and Gravy 93034775	Chicken and Veg Tikka Masala 93248300/ 93261787 (H) with Wholegrain Rice 93035026	<b>SD Fish Fillet</b> <b>CONTAINS FISH</b> 93166795 with Chips 93040525
Jacket Potato with Baked Beans or Vegan Cheese 93034839/ 93227189				
<b>SD Tomato Pasta</b> <b>CONTAINS SOYA</b> 93171286				
All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
<b>SD Chocolate</b> Brownie <b>CONTAINS SULPHITES</b> 93196787 with Orange Slices 93310775	<b>SD Vanilla Sponge</b> <b>CONTAINS SULPHITES</b> 93197070 with SD Custard <b>CONTAINS GF OATS</b> 93166606	<b>SD Shortbread</b> 93221990 with Fruit 93040542	<b>SD Jam Sponge</b> <b>CONTAINS SULPHITES</b> 93219620 with SD Custard <b>CONTAINS GF OATS</b> 93166606	<b>SD Frozen Smoothie</b> 93166798/ 93166797

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